



## Good Shepherd Assembly 2604 Briefing

Fourth Degree Knights of Columbus  
Northeast Metro



Volume 17, Number 6 - February 2016

### Faithful Navigator's Report

Sir Knights and Ladies:

Where does the time go? It seems that just a few weeks ago, we were celebrating the birth of our Lord Jesus at Christmas and now we are preparing for the Holy season of Lent. In preparation, we will have an Honor Guard practice on January 29<sup>th</sup> at St. Joseph's Church at 7:00PM. Our Guard Commander would like to review the ceremonial procedures for Stations of the Cross. Although this effort is most helpful to our newer members, all are invited so that we can keep in step with any changes. Please bring your swords!

Plan for an Honor Guard for Stations at St. Joseph's Church on Friday, February 19<sup>th</sup> ~ the time has not yet been determined. We will also provide an Honor Guard for St. Charles Borromeo Church celebration of the Stations on Friday, March 18. We will assemble at 6:30 with Stations at 7:00PM.

A special meeting combined with the 3<sup>rd</sup> Degree Fridley Council and The Serra Club of North-Minneapolis will be held at Immaculate Conception Church on Thursday, February 18<sup>th</sup> at 6:00PM. An Honor Guard has been requested, so we will assemble at 5:30 PM for Mass at 6:00PM. Dinner and program will follow; cost of the dinner is \$12.00. SK Linus Ulfing (651-636-2382) will be accepting the payment for dinner. This event both promotes and celebrates vocations. The Fridley Council will give monetary awards to seminarians and transitional deacons.

Just a reminder: the next Exemplification, hosted by St. Cloud is scheduled for April 16<sup>th</sup> ~ time to work with our local Councils and encourage men from the 3<sup>rd</sup> Degree to join our ranks. Either we grow or we become stagnant!

Let's take this opportunity to invite qualified men to learn more about the work that we do and the service we provide within the 4<sup>th</sup> Degree.

### Good Shepherd Assembly Mass and Dinner Meeting

**Monday, February 8, 2016**

Sir Knights and Ladies - Formal attire  
Immaculate Conception Parish  
Columbia Heights

By the time you read this Newsletter, Lady MaryAnne and I will be in sunny Fort Lauderdale. While there, I plan to attend a 4<sup>th</sup> Degree Assembly. It should be interesting to see if I can learn how they are involved with service in what may be a transient population. I will be in touch via cell phone and computer. God bless the internet. Thank you again, for all who are covering for me while away.

Faithful Navigator  
SK Stephen Frank

### Faithful Admiral's Report

Sir Knights & Ladies

As we start our New Year we have a lot to be proud of! Nationally, we volunteered over 70 million hours in 2015!!!

Since 2012 our local councils, assemblies and supreme have donated 167,549.17 million to charities! Being a member of the Knights of Columbus is more than coming to meetings, it is coming AND getting involved. I know at times it seems to be the same thing, but if you get involved you can make it special. I am hoping you will come and get involved. 3rd or 4th Degree, make one more meeting, one more dinner, YOU can make a difference!

We need 14 new 4th Degree Sir Knight's to join us. The Spring Exemplification is in St. Cloud on April 16 & 17. I will have forms available at the business meeting. Please consider joining us!

Faithful Admiral  
SK Ted Brausen

## Captain's Report

Sir Knights and Ladies,

Our next meeting will be Monday, February 8, 2016, at Immaculate Conception Parish. Honor Guard will assemble at 5:30 PM and Mass will begin at 6:00 PM. Dinner will follow.

Our guest speaker will be Dianne Johnson, founder of Curatio, an Apostolate of Catholic Health Care Professionals. Her subject will be, "How the Knights of Columbus and Catholic Healthcare Professionals Protect Jesus Christ in Disguise."

A short business meeting will conclude the evening. Invite a Sir Knight from your council whom you haven't seen at dinner with us lately to attend. We would like to see as many who are able to come.

Please respond to the Evite or call me by Wednesday February 3rd.

Cell: 612.240.4132 or home: 763.434.5416

Email: [mksteen@mac.com](mailto:mksteen@mac.com)

Faithful Captain  
SK Michael Steen



## Good Shepherd Assembly Dinner Meeting Minutes January 11, 2016

- Annual renewal of Obligations Dinner, held at the Little Venetian Inn, Little Canada..
- Social gathering 5:30 pm, followed by dinner.
- Past Master SK Robert Mathewson conducted the Renewal of Obligations ceremony.
- Brief Business Meeting followed
- Minutes read and approved from December, 2015 Dinner Meeting
- Bills read and approved for catering and miscellaneous expenses.
- Purser Report: disbursements, income, and current balance presented and approved.
- Navigator Report: Thursday, February 18, an Honor Guard, Mass and dinner. This is a special evening to promote vocations planned jointly with the Serra Club of North-Minneapolis and the 3<sup>rd</sup> Degree of Fridley Council. Dinner at Immaculate Conception Church..
- Captain's Report: Our, next Dinner Meeting will be Monday, February. 8, 2016, for our St Valentine's celebration.
- Admiral Report: No report.
- Trustees: No report.
- Guard Commander Report: No report.
- New business: none
- Closing prayer.

Respectfully submitted  
Faithful Scribe Patrick Shannon



*American Catholic.org: St Valentine*

Although the mid-February holiday celebrating love and lovers remains wildly popular, the confusion over its origins led the Catholic Church, in 1969, to drop St. Valentine's Day from the Roman calendar of official, worldwide Catholic feasts. (Those highly sought-after days are reserved for saints with more clear historical record. After all, the saints are real individuals for us to imitate.) Some parishes, however, observe the feast of St. Valentine.

The roots of St. Valentine's Day lie in the ancient Roman festival of Lupercalia, which was celebrated on Feb. 15. For 800 years the Romans had dedicated this day to the god Lupercus. On Lupercalia, a young man would draw the name of a young woman in a lottery and would then keep the woman as a sexual companion for the year.

Pope Gelasius I was, understandably, less than thrilled with this custom. So he changed the lottery to have both young men and women draw the names of saints whom they would then emulate for the year (a change that no doubt disappointed a few young men). Instead of Lupercus, the patron of the feast became Valentine. For Roman men, the day continued to be an occasion to seek the affections of women, and it became a tradition to give out handwritten messages of admiration that included Valentine's name.

There was also a conventional belief in Europe during the Middle Ages that birds chose their partners in the middle of February. Thus the day was dedicated to love, and people observed it by writing love letters and sending small gifts to their beloved. Legend has it that Charles, duke of Orleans, sent the first real Valentine card to his wife in 1415, when he was imprisoned in the Tower of London. (He, however, was not beheaded, and died a half-century later of old age.)

**GOOD SHEPHERD ASSEMBLY OFFICERS  
2014-2015**

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**EVENTS**

- February 8, 2016, Good Shepherd Assembly Mass and Dinner Meeting, , 5:30 pm Assembly, 6:00 pm Dinner,. Sir Knights and Ladies
- February 18, 2016, Fridley Council and Serra Club Vocations Mass and Dinner, Immaculate Conception, 6:00pm
- February 19, 2016, Stations with Honor Guard, St. Joseph’s Parish, Lino Lakes, 7:00 pm
- March 18, 2016, Stations with Honor Guard, St. Charles Borromeo Parish, 7:00 pm



**Good Shepherd Assembly Meeting Dates 2015-2016.  
 Meetings to be held on the second Monday of the month.**

<b>Date</b>	<b>Time</b>	<b>Meeting Type</b>	<b>Location</b>
08-February-2016	6:00 pm	Mass and Dinner, Sir Knights and Ladies	Immaculate Conception
14-March-2016	7:00 pm	Business Meeting, Sir Knights only	St. Charles Borromeo
11-April-2016	6:00 pm	Mass and Dinner, Sir Knights and Ladies	Immaculate Conception
April 16, 2016	12:00 pm	Spring Exemplification	St. Cloud
09-May-2016	7:00 pm	Business Meeting, Sir Knights only	St. Joseph’s Parish, Lino Lakes
13-June-2016	6:00 pm	Mass and Dinner, Sir Knights and Ladies, Installation of Officers	Immaculate Conception